

HOW TO PRAY THE ROSARY

The promise of Our Lady to St. Dominic:
“Whatever you ask through the Rosary shall be granted.”

Sign of the Cross

IN THE NAME OF the Father and the Son and the Holy Spirit. Amen



Prayer Before the Rosary

QUEEN OF THE Holy Rosary, you have deigned to come to Fatima to reveal to the three shepherd children the treasures of grace hidden in the Rosary. Inspire my heart with a sincere love of this devotion, in order that by meditating on the Mysteries of our Redemption that are recalled in it, I may be enriched with its fruits and obtain peace for the world, the conversion of sinners and of Russia, and the favor which I ask of you in this Rosary. (Here mention your request.) I ask it for the greater glory of God, for your own honor, and for the good of souls, especially for my own. Amen.

Apostles Creed

I BELIEVE IN GOD the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Our Father

OUR FATHER, Who art in heaven, hallowed be

Thy name: Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

HAIL MARY, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory Be to the Father

GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O MY JESUS, forgive us our sins, save us from the fire of hell, take all souls to heaven, and help especially those in most need of Your mercy. (Our Lady at Fatima, June 13, 1917)

Hail, Holy Queen

HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, your eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Prayer After the Rosary

O GOD, WHOSE only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating on these mysteries of the Most Holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

May the divine assistance remain always with us. Amen.

And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

— MYSTERIES OF THE ROSARY —

THE JOYFUL MYSTERIES

(often prayed on Mondays & Saturdays, the Sundays of Advent, & Sundays from Epiphany until Lent.)

The Annunciation: *I desire the Love of Humility. Think of the humility of the Blessed Virgin when the angel Gabriel greeted her with these words: "Hail, full of grace."*

The Visitation: *I desire Charity toward My Neighbor. Think of Mary's charity in visiting her cousin Elizabeth and remaining with her for three months before the birth of John the Baptist.*

The Nativity: *I desire the Love of God. Think of the poverty, so lovingly accepted by Mary when she placed the Infant Jesus, our God and Redeemer, in a manger in the stable of Bethlehem.*

The Presentation: *I desire a Spirit of Sacrifice. Think of Mary's obedience to the law of God in presenting the Child Jesus in the Temple.*

Finding in the Temple: *I desire Zeal for the Glory of God. Think of the deep sorrow with which Mary sought the Child Jesus for three days, and the joy with which she found Him in the midst of the Teacher in the Temple.*

THE SORROWFUL MYSTERIES

(often prayed on Tuesday & Fridays, and daily from Ash Wednesday until Easter Sunday)

Agony in the Garden: *I desire True Repentance for My Sins. Think of our Lord Jesus in the Garden of Gethsemani, suffering a bitter agony for our sins.*

Scourging at the Pillar: *I desire a Spirit of Mortification. Think of the cruel scourging at the pillar that our Lord suffered; the heavy blows that tore His flesh.*

Crowning With Thorns: *I desire Moral Courage. Think of the crown of sharp thorns that was forced upon our Lord's sacred Head and the patience with which he endured the pain for our sins.*

Carrying of the Cross: *I desire the Virtue of Patience. Think of the heavy Cross, so willingly carried by our Lord, and ask Him to help you to carry your crosses without complaint.*

The Crucifixion: *I desire the Grace of Final Perseverance. Think of the love that filled Christ's Sacred Heart during His three hours' agony on the Cross and ask Him to be with you at the hour of death.*

THE LUMINOUS MYSTERIES

(often prayed on Thursdays)

The Baptism of Jesus: *I desire to Live My Baptismal Promises. Think of Christ's Baptism at the hands of John the Baptist when the Father called Him His beloved Son and the Holy Spirit descended on Him to invest Him with the mission he was to carry out.*

The Wedding At Cana: *I desire to Do Whatever Jesus Says. Think of Christ's self-manifestation at the wedding at Cana when He changed the water into wine and opened the hearts of the disciples to faith, thanks to the intervention of Mary, the first among believers.*

Proclamation Of The Kingdom Of God: *I Desire God's Forgiveness. Think of Christ's preaching of the Kingdom of God with its call to forgiveness, as He inaugurated the ministry of mercy, which He continues to exercise until the end of the world, particularly through the Sacrament of Reconciliation.*

The Transfiguration: *I desire to Be a New Person in Christ. Think of the Transfiguration when the glory of the Godhead shone forth from His face as the Father commanded the Apostles to listen to Him and experience His Passion and Resurrection and be transfigured by the Holy Spirit.*

Institution Of The Eucharist: *I desire Active Participation at Mass. Think of Christ's institution of the Eucharist, in which He offered His Body and Blood as food under the signs of bread and wine and testified to His love for humanity, for whose sake He would offer Himself in sacrifice.*

THE GLORIOUS MYSTERIES

(often prayed on Wednesdays, and the Sundays from Easter until Advent)

The Resurrection: *I desire a Strong Faith. Think of Christ's glorious triumph when, on the third day after His death, He arose from the tomb and for forty days appeared to His Blessed Mother and to His disciples.*

The Ascension: *I desire the Virtue of Hope. Think of the Ascension of Jesus Christ, forty days after His glorious Resurrection, in the presence of Mary and His disciples*

The Descent of the Holy Spirit: *I desire Zeal for the Glory of God. Think of the descent of the Holy Spirit upon Mary and the Apostles, under the form of tongues of fire, in fulfillment of Christ's promise.*

The Assumption: *I desire the Grace of a Holy Death. Think of the glorious Assumption of Mary into Heaven, when she was united with her Divine son.*

The Coronation of the Blessed Virgin Mary: *I desire a Greater Love for the Blessed Virgin Mary. Think of the glorious crowning of Mary as Queen of Heaven by her Divine Son, to the great joy of all the Saints.*

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